

THE CEDARS - FALL/WINTER MENU - 2018-19

WEEK 1

MONDAY 10/1/2018	TUESDAY 10/2/2018	WEDNESDAY 10/3/2018	THURSDAY 10/4/2018	FRIDAY 10/5/2018	SATURDAY 10/6/2018	SUNDAY 10/7/2018
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CHOICE OF JUICE
CHOICE OF CEREAL
CHOICE OF EGG
CHOICE OF TOAST
MARGARINE
2% MILK
JELLY

CHOICE OF JUICE
CHOICE OF CEREAL
CHOICE OF EGG
CHOICE OF TOAST
MARGARINE
2% MILK
JELLY

CHOICE OF JUICE
CHOICE OF CEREAL
CHOICE OF EGG
CHOICE OF TOAST
MARGARINE
2% MILK
SYRUP

CHOICE OF JUICE
CHOICE OF CEREAL
CHOICE OF EGG
CHOICE OF TOAST
MARGARINE
2% MILK
JELLY

CHOICE OF JUICE
CHOICE OF CEREAL
CHOICE OF EGG
CHOICE OF TOAST
MARGARINE
2% MILK
JELLY

CHOICE OF JUICE
CHOICE OF CEREAL
CHOICE OF TOAST
CHOICE OF EGG
MARGARINE
JELLY
2% MILK

CHOICE OF JUICE
CHOICE OF CEREAL
CHOICE OF EGG
HARLAN DONUTS
2% MILK

NOON MEAL

TURKEY MANHATTEN
MASHED POTATOES & GRAVY
KEY WEST VEGETABLE BLEND
WHEAT BREAD SLICE
COCONUT CREAM PIE
2% MILK

BAKED CHICKEN
BROCCOLI RICE BAKE
DILLED CARROTS
PUMPKIN CAKE
WHEAT BREAD SLICE
MARGARINE
2% MILK

LASAGNA
ITALIAN BLEND VEGETABLES
GARLIC TOAST
DESSERT OF THE DAY
MARGARINE
PARMESAN CHEESE
2% MILK

MEATLOAF
RANCH MASHED POTATOES
SWEET CORN
BREAD SLICE
MARGARINE
HOMEMADE COOKIE
2% MILK

CHICKEN TENDERS
POTATO WEDGES
MIXED VEGETABLES
ANGELFOOD CAKE
WITH TOPPING
2% MILK
DIPPING SAUCE

CHICKEN & NOODLES
MASHED POTATOES
CHICKEN GRAVY
GREEN BEANS
PEANUT BUTTER SHEETCAKE
2% MILK

POT ROAST
ROASTED RED-SKINNED POTATOES
NORTHWEST BLEND VEGETABLES
CHERRY PIE
DINNER ROLL
MARGARINE
2% MILK

EVENING MEAL

POTATO HAM CHOWDER
SALTINES
GRILLED CHEESE SANDWICH
FRUIT SALAD
2% MILK

CHEESEBURGER
FRENCH FRIES
LETTUCE/TOMATO/ONION
MANDARIN ORANGE SALAD
CHOICE OF CONDIMENTS
2% MILK

CHICKEN NOODLE SOUP
SUBMARINE SANDWICH
LETTUCE, TOMATO, ONION
PICKLED BEETS
DESSERT BAR
2% MIK

MACARONI & CHEESE
STEWED TOMATOES
WHEAT BREAD
RICE KRISPIE TREATS
2% MILK

BBQ PORK RIBLETTE SANDWICH
CREAMY COLE SLAW
POTATO CHIPS
FRUIT MEDLEY
2% MILK
DILL PICKLE SPEAR

CHILI WITH BEANS
OYSTER CRACKERS
RELISH PLATE W/ DIP
ESCALLOPED APPLES
2% MILK

VEGETABLE BEEF SOUP
HAM & CHEESE SLIDERS
POTATO SALAD
COOKIE
2% MILK

SNACK CAR FOR H.S. SNACK

APPROVED BY: