

THE CEDARS FALL/WINTER 2018-19 MENU

WEEK 3

MONDAY 1/7/2019	TUESDAY 1/8/2019	WEDNESDAY 1/9/2019	THURSDAY 1/10/2019	FRIDAY 1/11/2019	SATURDAY 1/12/2019	SUNDAY 1/13/2019
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CHOICE OF JUICE
CHOICE OF CEREAL
CHOICE OF EGG
CHOICE OF TOAST
MARGARINE
BEVERGE OF CHOICE
JELLY

CHOICE OF JUICE
CHOICE OF CEREAL
CHOICE OF EGG
CHOICE OF TOAST
MARGARINE
BEVERGE OF CHOICE

CHOICE OF JUICE
CHOICE OF CEREAL
CHOICE OF EGG
CHOICE OF TOAST
MARGARINE
BEVERGE OF CHOICE

BREAKFAST

CHOICE OF JUICE
CHOICE OF CEREAL
CHOICE OF EGG
CHOICE OF TOAST
MARGARINE
BEVERGE OF CHOICE

CHOICE OF JUICE
CHOICE OF CEREAL
CHOICE OF EGG
CHOICE OF TOAST
MARGARINE
BEVERGE OF CHOICE

CHOICE OF JUICE
CHOICE OF CEREAL
CHOICE OF EGG
CHOICE OF TOAST
MARGARINE
BEVERGE OF CHOICE

CHOICE OF JUICE
CHOICE OF CEREAL
CHOICE OF EGG
CHOICE OF TOAST
MARGARINE
BEVERGE OF CHOICE
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NOON MEAL

BBQ RIBS
BAKED POTATO
BROCCOLI W/ CHEESE SAUCE
BREAD AND MARGARINE
CREAM PUFFS
BEVERAGE OF CHOICE
SOUR CREAM

POLISH SAUSAGE
MASHED POTATOES AND GRAVY
SAUERKRAUT
HO HO CAKE
WHEAT BREAD SLICE
MARGARINE
BEVERAGE OF CHOICE

BEEF POT ROAST
RED BLISS POTATOES
WHOLE BABY CARROTS
APPLE DUMPLING
BEVERAGE OF CHOICE

GLAZED HAM LOAF
ROASTED SWEET POTATOES
CALIFORNIA BLEND VEGETABLES
BREAD PUDDING
BEVERAGE OF CHOICE

TILAPIA ALMONDINE
HEARTY HASHBROWNS
CREAMED PEAS
LEMON DELIGHT
BREAD SLICE
MARGARINE
BEVERAGE OF CHOICE

HAM AND BEANS
CORNBREAD
ESCALLOPED APPLES
COOKIE
MARGARINE
BEVERAGE OF CHOICE

OVEN FRIED CHICKEN
MASHED POTATOES
GRAVY
SWEET CORN
BLUEBERRY PIE
DINNER ROLL
BEVERAGE OF CHOICE

EVENING MEAL

GOULASH
GREEN BEANS
TEXAS TOAST
FRUIT COCKTAIL
BEVERAGE OF CHOICE

VEGETABLE BEEF SOUP
SALTINES
GRILLED CHEESE SANDWICH
SANDWICH GARNISH
7-UP SALAD
BEVERAGE OF CHOICE

WHITE CHICKEN CHILI
CORN CHIPS
SHREDDED CHEESE
PINEAPPLE
CHERRY CRUMB BARS
BEVERAGE OF CHOICE
SOUR CREAM

BEEF BARLEY SOUP
SALTINES
BREADED CHICKEN SANDWICH
SANDWICH GARNISH
JELLO FRUIT SALAD
BEVERAGE OF CHOICE

BEEF STROGANOFF
BUTTERED NOODLES
SEASONED ASPARAGUS
BLUSHING PEAR HALF
BEVERAGE OF CHOICE

BEEF RAVIOLI
CHALET VEGETABLE BLEND
BREADSTICK
CHILLED PEACHES
BEVERAGE OF CHOICE

BBQ PULLED PORK SANDWICH
ONION RINGS
THREE BEAN SALAD
FRUIT CUP
BEVERAGE OF CHOICE

SNACK CART FOR H.S. SNACK

APPROVED BY: